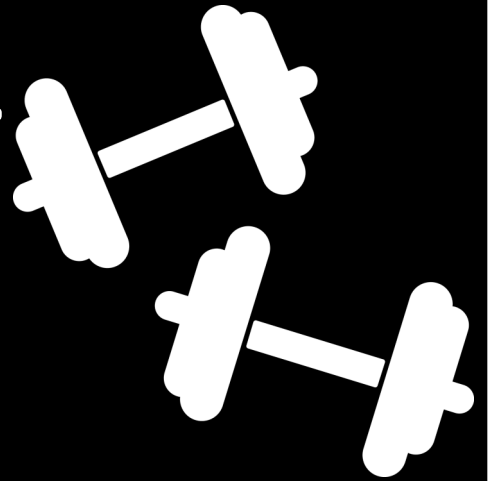


HASTINGS FAMILY YMCA YOUTH EQUIPMENT ORIENTATION



Dates:

- January 14th – 2:00-3:30pm
- January 23th – 5:30-7:00pm
- February 11th – 2:00-3:30pm
- February 27th – 5:30-7:00pm
- March 11th – 2:00-3:30pm
- March 27th – 5:30-7:00pm

Youth ages 11-13 years of age will receive instruction on Wellness Center safety and etiquette as well as proper use of cardio and weight equipment.

Orientations are free to members and will take place on the 18th Street wellness floor. Upon completion of equipment orientation youth are permitted to use all wellness areas with an adult.

Parents will need to be present for the first portion of orientation.

Parent/Guardian must be with child during workout after completing youth equipment orientation.

Participant Name: _____ Date of Birth: _____ Age: _____

Parent Name: _____ Telephone: _____

Address: _____ City, Zip: _____ E-Mail: _____

January 14th
 January 23rd
 February 11th
 February 27th
 March 11th
 March 27th

Office Use Only:

Payment _____

Staff Initial _____

Youth orientation '18

Participant Signature: _____ Date: _____

Parent Signature: _____ Date: _____

How did you hear about this registration?
 YMCA website
 YMCA Facebook
 Walk-in
 YMCA Staff Member
 School
 Radio
 Television
 Email
 Text Message
 Newspaper
 Other _____

1430 West 16th Street | 1220 West 18th Street | Hastings, Nebraska 68901 | 402.463.3139 | www.hastingsymca.net

Please return this registration form to either Hastings Family YMCA location.